

## Wellness Packages

### Deluxe Body Botanical Relaxing Synergy 180min (Muscular Tension, Anxiety & Stress)

Camomile Tea  
Full Body Exfoliation  
Super Relaxing Anti-Oxidant Clay Mask  
Scalp Massage with Hair & Scalp Repair Balsam Treatment  
Full Body Aromatherapy Massage and Shower  
Facial Massage with Pressure Points  
Muscle Relief Application to Trapezius & Neck  
**R1200 Single R2250 Double**

### Body Botanical Soothing & Calming Synergy 160 min (Insomnia, Restlessness, Hyper Activity)

Camomile Tea  
Full Body Exfoliation with Mineralizing Body Salts  
Full Body Calming Aromatherapy Massage  
Cocooning Wrap and Shower  
Scalp Massage with Hair & Scalp Repair Balsam Treatment  
Body Hydrate Moisturiser application  
**R1050 Single R2000 Double**

### Uplifting Body Botanical Euphoria Synergy 160 min

Gentle Full Body Exfoliation  
Full Body Uplifting Aromatherapy Massage  
Silk Renewal Body Wrap and Shower  
Body Hydrate Moisturiser Application  
Cooling Gel Application to ½ leg & feet  
Peppermint Tea  
**R1050 Single R2000 Double**

### Unwind 120min

30min Hot Stone Back/Neck/Shoulder Massage  
30min Indian Head Massage  
Dead Sea Hand Treatment  
Dead Sea Foot Treatment  
**R660 Single R1280 Couple**

### Fields of Lavender Destress Deluxe 120min

Full Body Dry Brush Exfoliation  
Ultra Relaxing Full Body Massage  
Lavender Hot Candle Hand and Foot Massage  
Scalp & Neck Massage  
Lavender Body Powder Dusting  
Herbal Tea  
**R770 Single R1500 Couple**

### A Taste of Africa Full Body Experience 140min

Full Body Exfoliation  
Relaxing and Calming Body Wrap and Shower  
Ultra Soothing and Relaxing Full Body Massage  
Hot Stone Relaxing Hand and Foot Massage  
**R850 Single R1650 Couple**

## Treatment Menu

### Vitaderm Facials

Vitaderm is a results orientated range that combines the latest advances in ingredient research with natural plant extracts and essential oils to achieve maximum therapeutic benefits.

#### Teenage Facial (45min) R250

#### Deep Cleanse Facial (45min) R300

#### Facial for Him (45min) R400

#### Vitaderm Express Facial Treatment (45min) R300 Quick Booster Treatment

#### Vitaderm Aromatics Facial Treatment (60min) R420

A super comprehensive facial treatment with a variety of essential oils and masks to suit all skin types.

#### Vitaderm Purifying Facial Treatment (60min) R420

Especially suited for teenagers and men who suffer from ingrown hairs and breakouts. Deep cleansing action, yet antiseptic and very soothing.

#### Vitaderm Hydro-Intensive Facial Treatment (75min) R620

Intensive treatment for dehydrated skin. Significant anti-ageing benefits and the ultimate glow for special occasions.

#### Seasonal Express Lift Facial (50min) R450

- Hydrating
- Lifting
- Neutraceutical
- Brightening

## Massage Therapy

### Wellness Massage

Customised massage using different pressures and techniques.

Back/Neck/Shoulder	30min	R240
	45min	R320
Back of Body	45min	R320
Full Body	60min	R420
	90min	R520

### Aromatherapy Massage

Using only the very best aromatherapy oils.

Back/Neck/Shoulder	30min	R265
	45min	R340
Back of Body	45min	R340
Full Body	60min	R460
	90min	R570

### Hot Stone Massage

Using powerful hot Basalt stones in conjunction with a soothing massage.

Back/Neck/Shoulder	30min	R265
	45min	R340
Back of Body	45min	R340
Full Body	60min	R460
	90min	R570

### Indian Head/Neck/Shoulder

30min R240  
45min R320  
Add Deep Nourishing Hair Treatment: R40

### Hot Candle Back/Neck/Shoulder

30min	R265
45min	R340
45min Back of Body	R340
10min Scalp	R90

## Waxing

Lip	R65
Brow	R65
Chin	R65
Jaw & Lip	R85
Cheeks	R90
Face	R170



# Treatment Menu

## Hand and Feet Treatments

**Afrique Manicure R190**  
Soak, Scrub, Massage, Cuticle work, Filing, Painting.

**Afrique Pedicure R250**  
Soak, Scrub, Massage, Cuticle work, Filing, Painting, Foot Spritz.

**Afrique Pedicure for Him R300**  
Soak, Scrub, Massage, Cuticle work, Filing, Foot Spritz.

**Wellness Deluxe Pedicure R350**  
Soak, Salt Scrub, Callus treatment, Massage candle, Mask, Paraffin dip, Cuticle work, Filing, Painting, Foot Spritz.

**MediHeel Hard Skin Removal Pedicure R300**  
Soak, Scrub, Massage, Hard Skin Treatment, Cuticle work, Filing, Painting.

**Please Note:**  
If the nature of the feet requires more than 60 minutes work, an additional R75 will be charged per 15mins.

**Add-Ons:**  
Paraffin Wax R60  
French Paint R60  
1/2 Leg Massage (10min) R80  
Gel Soak-off R130

**Dead Sea Hand Treatment (30 min) R110**  
Dead Sea Salt Scrub, Dead Sea Mask & Massage

**Dead Sea Foot Treatment (30 min) R110**  
Dead Sea Salt Scrub, Dead Sea Mask & Massage

## Collagen Induction Therapy (Micro Needling)

This revolutionary anti-ageing device makes use of disposable microneedles to penetrate the skin's surface, stimulating fibroblasts to increase collagen production, thereby rejuvenating the complexion. The Collagen Induction Treatment may be used to minimise fine lines and wrinkles, plump thin sagging skin, minimize enlarged pores. The following areas respond particularly well: frown lines, crow's feet, lip lines, neck bands as well as lines on the décolleté, but the entire facial area may be easily treated with remarkable results.

Single Treatment R900

**Book & Pay for 4**  
Four Treatments @R3000

**Book & Pay for 6**  
Six Treatments @R4425

## Alpha and Beta Hydroxy Acid Treatments

**Peels**  
Single treatment R450  
Packages on request

## Beauty Treatments

Lash Tint R80  
Brow Tint R80  
Brow Shape R80  
Lash/Brow Tint & Shape R220

## Body Treatments

**Cleansing Back Treatment 45min**  
R275

**Full Body Dry Brush Exfoliation 30min**  
R200

**African Body Scrub 45min**  
Exfoliate, smooth and nourish.  
Activate the skin by intensively exfoliating the epidermis and rejuvenate the skin by applying a luxurious body cream.  
R300

**Infrared Sauna**  
30min R120  
45min R150



## Banking Details

Acc. Name: Kaleidoscope Events  
Bank: First National Bank  
Acc. Type: Current  
Branch Code: 250942  
Acc. No: 622 5445 1687



# Wellness@Nr5

Day Spa

**Trading Hours: Mon-Sat 08:30 - 18:00**  
**Sunday: by appointment only (R100 surcharge pp)**

**A 50% non-refundable deposit is needed to confirm all appointments.**  
**Changes to be made 48hours in advance.**  
**Prices valid from January 2020.**

**5 Agostino Street, Verwoerdpark, Alberton**  
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We are a proud certified supplier of Vitaderm, Wesson and Spa Therapy products.

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